

TIME TO ACT, NOW!

#DONOTHINKDO



Share your action with us!

 @digitalchangeon

 www.digitalchangeon.com



copyright of illustration: pngtree

DIGITALCHANGEON

SUSTAINABILITY 101

DO NOT THINK, DO!



CONSERVE WATER

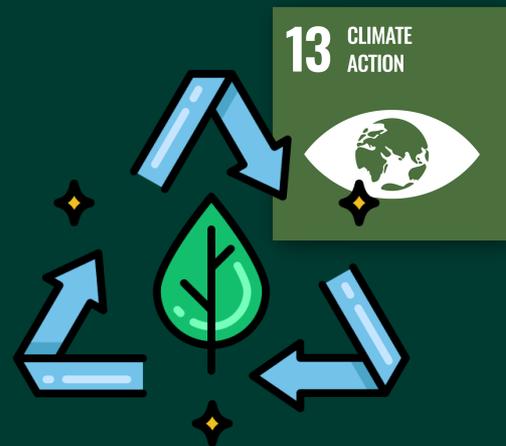
NOT USING IT? TURN IT OFF!

You can save water in and around your home by making a number of small changes. Try installing a water butt and making use of grey water to avoid wasting drinking water.

RECYCLE AND REUSE

REDUCE YOUR WASTE!

Make sure you're recycling by putting your rubbish in the correct bins. Also, try to reuse products and items as many times as possible before binning them to reduce waste. Also, try to avoid paper waste by choosing e-mail, and print off documents only if it is necessary.



SAVE & MAXIMIZE ENERGY

USE ENERGY-SAVING APPLIANCES!

By using less energy, you can help to reduce carbon emissions. There are a number of ways you can save energy at home, including switching off standby appliances, turning your heating down and hanging clothes to dry instead of using a drier.



DRIVE LESS, DRIVE GREEN

LESS POLLUTION, MORE BENEFITS!

Changing your driving habits can drastically reduce your carbon footprint. Walk or ride a bike to your destination instead of driving if it is close enough. It is better not only for the environment but also for your health!



3 GOOD HEALTH AND WELL-BEING



EAT LESS MEAT

TRY TO CHANGE YOUR DIET!

The production of meat is one of the biggest contributors to climate change and the pollution of landscapes and waterways. By eating less of it, you can help to reduce the impact the meat industry has on the Earth. You can also grow your own products!

SUSTAINABLE CLOTHING

NO NEED FOR UNNECESSARY SHOPPING!

The fashion industry is one of the main polluting industries in the world. To lessen the impact this industry has on the planet, you could buy more of your clothes from charity shops and sustainable clothing outlets. Buy less mend & sew more!

12 RESPONSIBLE CONSUMPTION AND PRODUCTION



11 SUSTAINABLE CITIES AND COMMUNITIES



RAISE AWARENESS

DO NOT FIX ONLY YOURSELF, BUT ALSO OTHERS!

Inform your friends, colleagues and people around you about the importance of the issue. Join social media campaigns, strikes to keep this topic on main agenda.



THE KEY OF
GLOBAL LIFE,
DIGITAL CHANGE
OF NATURE



Erasmus+



SUSTAINABLE DEVELOPMENT GOALS

